

spatial visualization, spatial orientation, visual memory, discrimination, observation, relationship concepts, arithmetical reasoning and figural classification, arithmetic number series, non-verbal series, coding and decoding, etc.

12.1.10.2 **General Knowledge and General Awareness:** Questions in this component will be aimed at testing the candidate's general awareness of the environment around him. Questions will also be designed to test knowledge of current events and of such matters of every day observations and experience in their scientific aspect as may be expected of any educated person. The test will also include questions relating to India and its neighboring countries especially pertaining to sports, History, Culture, Geography, Economic Scene, General Polity, Indian Constitution, and scientific Research etc. These Questions will be such that they do not require a special study of any discipline.

12.1.10.3 **Elementary Mathematics:** This paper will include questions on problems relating to Number Systems, Computation of Whole Numbers, Decimals and Fractions and relationship between Numbers, Fundamental arithmetical operations, Percentages, Ratio and Proportion, Averages, Interest, Profit and Loss, Discount, Mensuration, Time and Distance, Ratio and Time, Time and Work, etc.

12.1.10.4 **English/ Hindi:** Candidates' ability to understand basic English/ Hindi and his basic comprehension would be tested.

12.2 **Physical Standard Test (PST)/ Physical Efficiency Test (PET):**

Based on the performance in CBE, candidates will be shortlisted for PST/ PET by the Commission. Physical Standard Test (PST) and Physical Efficiency Test (PET) will be conducted at various centres finalized by the CAPFs. Detailed scrutiny of candidates' eligibility/ documents will be undertaken at the time of DME. Therefore, it will be the responsibility of the candidates to verify their eligibility as prescribed in this notice before appearing for CBE/ PST/ PET. Candidates shortlisted for PST/PET will be asked to go through biometric verification followed by PST & PET. The PST shall include measurement of height, weight & Chest (as applicable).

12.3 Ex-Servicemen are exempted from PST/PET, However, Ex-servicemen who are shortlisted in the Computer Based Examination for PST/ PET will have to appear in PST/ PET for recording of measurement of height, chest and weight for record purpose. PET will not be held for these Ex-servicemen candidates. However, they will have to qualify the medical examination.

12.4 **Physical Efficiency Test (PET):** Candidates have to clear the race within the following time limits:

	Male	Female	Remarks
Race	5 Kms in 24 minutes.	1.6 Kms in 8 ½ minutes	For candidates other than those belonging to Ladakh Region.
	1.6 Kms in 7 minutes	800 metres in 5 minutes	For candidates of Ladakh Region.

12.4.1 On reporting of female candidates for PST (Physical Standard Test)/ PET (Physical Efficiency Test), a self-declaration indicating about her pregnancy status shall be submitted. In case, if she declares that she is not pregnant then she will be allowed to participate in the PST/PET. In case of false declaration, all the risk for undergoing PST/PET will be of her own. If the female candidates declares that she is pregnant before PST/PET, then a confirmatory pregnancy test to be done and in case she is found to be pregnant, irrespective of duration of pregnancy, she may be declared temporary unfit and her appointment shall be held in abeyance until the confinement is over. The vacancy against which a women candidate was selected should be kept reserved for her. She will be re-examined for PST/PET six week after the date of confinement, subject to the production of a medical certificate of fitness from a registered medical practitioner. If she is found fit in PST/PET & DME, she will be appointed to the post kept reserved for and allow the benefit of seniority in accordance with the instructions of the Government, as amended from time to time. In case female candidate are found negative for pregnancy, she will be allowed to participate in the PST/PET

12.5 **Physical Standard Test (PST)**: Physical Standards for the posts are as follows:

12.5.1 **Height**:

12.5.1.1 Male: 170 cms

12.5.1.2 Female: 157 cms

12.5.1.3 Few categories of candidates are allowed relaxation in heights mentioned above. Relaxed standard of height for such candidates are as follows:

<b>S No</b>	<b>Relaxation for</b>	<b>Male (Cms)</b>	<b>Female (Cms)</b>
(a)	All candidates belonging to Scheduled Tribes	162.5	150.0
(b)	All Scheduled Tribe candidates of North Eastern States (NE States)	157.0	147.5
(c)	All Scheduled Tribe candidates of Left Wing Extremism affected districts	160.0	147.5
(d)	Candidates falling in the categories of Garhwalis, Kumaonis, Dogras, Marathas and candidates belonging to the States/ UTs of Assam, Himachal Pradesh, Jammu & Kashmir and Ladakh	165.0	155.0
(e)	Candidates hailing from the North-Eastern States of Arunachal Pradesh, Manipur, Meghalaya, Mizoram, Nagaland, Sikkim and Tripura	162.5	152.5
(f)	Candidates hailing from Gorkha Territorial Administration (GTA) comprising of the three Sub-Divisions of Darjeeling District namely Darjeeling, Kalimpong and Kurseong and	157.0	152.5

	includes the following "Mouzas" Sub-Division of these Districts : (1)Lohagarh Tea Garden (2) Lohagarh Forest (3) Rangmohan (4) Barachenga (5) Panighata (6) ChotaAdalpur (7) Paharu (8) Sukna Forest (9) Sukna Part-I (10) Pantapati Forest-I (11) Mahanadi Forest (12) Champasari Forest (13) SalbariChhatpart-II (14) Sitong Forest (15) Sivoke Hill Forest (16) Sivoke Forest (17) ChhotaChenga (18) Nipania.		
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12.5.2 **Chest:** Male candidates should have following standards of chest measurement:

12.5.2.1 Un-expanded: 80 cms

12.5.2.2 Minimum expansion: 5 cms

12.5.2.3 Few categories of candidates are allowed relaxation in chest measurement. Relaxed standard of chest measurement for such candidates are as follows:

S No	Relaxation for	Un-expanded (cms)	Minimum Expansion (cms)
(a)	All candidates belonging to Scheduled Tribes	76	5
(b)	Candidates falling in the categories of Garhwalis, Kumaonis, Dogras, Marathas and candidates belonging to the States/ UTs of Assam, Himachal Pradesh, Jammu & Kashmir and Ladakh	78	5
(c)	Candidates hailing from North-Eastern States of Arunachal Pradesh, Manipur, Meghalaya, Mizoram, Nagaland, Sikkim, Tripura and Gorkha Territorial Administration (GTA)	77	5

12.5.2.4 Chest measurement for female candidates will not be taken. However, it will be ascertained that the chest is well developed.

12.5.3 **Weight:** Proportionate to height and age as per medical standards.

12.5.4 Scrutiny of eligibility of candidates for relaxations i.e. height and chest measurement will be carried out after qualifying PET (race) and before PST by CAPFs PST/ PET Boards. Relaxation in height and chest (as the case may be) as mentioned above for the candidates other than those belonging to ST category will be permissible only on production of certificate at the time of PST/ PET in the proforma as prescribed in **Annexure-IX** from the competent authorities. ST candidates may avail the relaxation on the production of valid ST Certificate.

12.5.5 The candidates who are declared not qualified in Physical Standards, i.e. height and chest may prefer an appeal on same day, if they so desire, to the Appellate Authority nominated for the Centre through Presiding Officer (PO). The decision of the Appellate Authority will be